

MCAT Prep Resources

There are many MCAT prep resources out there, and below are just a few.

(Note, Baylor University does not endorse any specific company or study method. These are for reference only)

Free Resources

- **Jack Westin:** MCAT question bank; CARS passages updated daily (www.jackwestin.com)
- **Association of American Medical Colleges (AAMC):** The MCAT is created by AAMC. Free full length sample test, guide to help you create study plan, and more. (<https://students-residents.aamc.org/prepare-mcat-exam/free-planning-and-study-resources>)
 - **Fee Assistance Program:** Discounted MCAT rate for eligible applicants (<https://students-residents.aamc.org/fee-assistance-program/fee-assistance-program-fap>)
 - **Youtube series “AAMC MCAT Official Prep”:**
<https://www.youtube.com/playlist?list=PL2ALHNlitsuSgsav3eiAHFoTNyJRtmzg8>
- **Kaplan:** Free practice bundle including practice test, question bank, and selected learning modules (30 days for free) (<https://www.kaptest.com/mcat/free/starter-pack>)
- **The Princeton Review:** Free full-length practice test, assessment quiz, strategy lessons (<https://www.princetonreview.com/medical/free-mcat-practice-test?ceid=tersh-nav-test-prep#!practice>)
- **Khan Academy:** Test prep including videos and practice questions (<https://www.khanacademy.org/test-prep/mcat>)
- **Baylor PreHealth Office:** MCAT workshop videos (<https://www.baylor.edu/prehealth/index.php?id=974396>)
- **Baylor “PreHealth Particulars” podcast – MCAT Prep episode:** listed on PreHealth Office page. Coming to Apple Podcasts soon! <https://www.baylor.edu/prehealth/index.php?id=986102>
- **UWorld:** Flashcards, question bank – free 7 day trial (<https://gradschool.uworld.com/mcat/>)

Apps

- **The Princeton Review:** MCAT Flashcards
- **ANKI:** Pre-made flashcards using spaced repetition; free for Android users (<https://www.ankiapp.com/>)

Paid Resources

- **Jack Westin:** tutoring & courses (www.jackwestin.com)
- **AAMC:** Various products including individual question packs, sample tests, and bundles (<https://students-residents.aamc.org/media/10566/download>)
- **Kaplan:** various courses including on-demand, live online, in-person, and private tutoring plus live online course. Also has various test prep books. (www.kaptest.com/mcat)
- **The Princeton Review:** various courses & bundles (www.princetonreview.com)
- **UWorld:** Flashcards, question bank (<https://gradschool.uworld.com/mcat/>)

Other resources:

- Your textbooks and class notes from your science courses, calculus & statistics, psychology, and sociology. Be sure to keep them to refer to later