

Without further extensive and detailed study in the sciences, a lab-based thesis is not a good choice.

Instead, look for research for which you have adequate academic experience, perhaps in your major or minor, e.g.,

- Explore interdisciplinary connections between your major/minor and the health sciences.
- Unpack clinically-focused research that relies on data analysis, but only if you enjoy statistics and are willing to continue studying statistics.
- Consider research outside of your major but for which you have adequate academic experience.

You are a good candidate for lab research.

- Begin networking with lab directors during and immediately after your freshman year.
- Take research-preparedness courses as appropriate (i.e. BIO 1125)
- Elect to take advanced courses in the desired field of study as appropriate
- Try to get into a lab as soon as possible, even if not part of the thesis project.