



# HONORS PRE-HEALTH NEWSLETTER





# MANDATORY FRESHMEN MEETING

**TUESDAY, SEPTEMBER 19**  
**5:30-7:30 PM**  
**DRAPER 152**

Mandatory for all honors program pre-health freshmen.  
**You will not be able to register for spring classes if you do not attend.**

For extenuating circumstances that prevent your attendance, please email  
[Coco\\_DiMauro@baylor.edu](mailto:Coco_DiMauro@baylor.edu) to receive an alternate assignment.

**If you are a Pre-Health student AND in the Honors Program, the meeting is mandatory.**

If you are a Pre-Health student and are *NOT* in the Honors Program, you are welcome to attend but not required.

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## Success tip:

The [Tutoring Center](#) is available to ALL students, regardless of your grade in the class (meaning, if you have a "B," you are still welcome to use tutoring!) Sign up for tutoring **now** if there is a subject you already know you struggle with. Slots fill up fast!

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## Research & Internships



**Oak Ridge Institute for Science and Education (ORISE):** Various paid internship and fellowship opportunities at U.S. Department of Defense Research facilities across the nation. Application requirements and deadlines vary.

**Other Biomedical Research Internships:** A catalog of biomedical research internships offered nationwide for high school, undergraduate, post-baccalaureate, graduate, and first-year medical students. (Please note, this link is password protected to maintain confidentiality).

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**PreHealth Research Programs:** A variety of internships and research opportunities found on the PreHealth Office's website.

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# Article of the Week



Toward Geroneuropalliative Care for Patients with Dementia  
(from The New England Journal of Medicine)

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## ATTENTION

## SOPHOMORES & JUNIORS

The **2023-2024 Hillis Scholars Program application is open**, and there are 3 upcoming interest meetings! Hillis Scholars is a scholarship program for premedical students that provides opportunities such as research internships, healthcare experience, faculty mentors, select speaker events, and a 1-on-1 physician mentor throughout your time at Baylor. **Applications are open to sophomores and juniors**, and the **deadline is September 29<sup>th</sup> at 11:59 PM**. Here is the link to apply: <https://baylor.qualtrics.com>. Attend one of the upcoming interest meetings listed in the flyer below to hear more about the program and how to be a competitive applicant this cycle!

# William & Argye Hillis Scholars in Biomedical Sciences

## About Us

In remembrance of Dr. Hillis' legacy of medical research and mentorship of Baylor undergraduates, the Hillis Scholars Program provides exceptional mentorship, scholarship, and resources from distinguished Baylor faculty, physicians, and researchers to a selected group of pre-medical students.

## Benefits

- Opportunities for biomedical **research** internships
- Connections to **clinical** exposure and **shadowing**
- Specialized advising and **mentorship** relationships with local physicians and faculty
- Exclusive prestigious **speaker events, physician panels**, and ceremonies
- Weekly **family dinners** with Baylor faculty and an inspiring community of peers

## Fall 2023 Interest Meetings

Monday, August 28th 7-8 pm  
Thursday, August 31st 6-7 pm  
Wednesday, September 6th 6-7 pm

Where? Earle Hall Classroom

**APPLICATION DUE  
9/29 @ 11:59 PM**



## Who can apply?

- Current Sophomores/Juniors
  - by class year (not hours)
- Designated Pre-Medical track & plan to attend medical school in the future

### More Information:

Visit the Hillis Scholars page on the Baylor Prehealth Website  
Email [hillischolarsbu@gmail.com](mailto:hillischolarsbu@gmail.com) or [sparky\\_matthews1@baylor.edu](mailto:sparky_matthews1@baylor.edu)

**\*\*\*DID YOU KNOW?\*\*\***

It's important to log not only your hours, but also what you have learned from your experiences when shadowing, volunteering, working, etc. Click [HERE](#) for a handy activity log template. Remember to save a back up copy online too!

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## Interested in Public Health Advocacy?

Students for Environmental Equity (SEE) is an organization at Baylor dedicated to educating the student body on important environmental health/justice issues and mobilizing students to take action on these issues through advocacy and lobbying. These environmental health issues include neglected tropical diseases, air/water pollution, climate change, toxic chemical contamination, and more. Please join us on Connect [here](#) if you are interested in learning more about SEE, please attend our interest meeting on **August 30<sup>th</sup> at 6 PM**.

Here is the zoom link for the interest

meeting: <https://baylor.zoom.us/j/83642311274?pwd=WWJSSWZ4azN3VHIRdzlCaks5YndVZz09> (Meeting ID: 83642311274; Password: 104460).

Feel free to email [shynitha\\_pulluri1@baylor.edu](mailto:shynitha_pulluri1@baylor.edu) with any questions or comments!

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**SAVE THE DATE!**

## Straw to Bread lectures & interest meetings with Dr. Lisa Baker

Since 2001, [Straw to Bread](#) has worked a Luo community in rural western Kenya to improve upon health, education, food security, clean air and water, and economic empowerment. The organization's missions is to share friendship and resources with Kenyan partners living on the Nyakach Plateau to help them achieve their vision of health and sustainability.

Come hear more about the work being done and how you can get involved!

- September 21 @ 4:00 pm - Lecture in the HRC (location TBD)
- September 21 @ 5:30 pm - Kenya interest meeting (location TBD)
- September 26 @ 4:00 pm (or after) - Kenya interest meeting (BSB; room # TBD)

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## PreHealth Office Workshops

**Picnic with PreHealth** covering various topics, including:

- Explanation of the planner (Sep. 20 @ 12:30 pm, Earle Hall classrooms)
- Planning and registering for classes (Oct. 18 @ 12:30 pm, Earle Hall classrooms)
- How to fit in extracurriculars (Nov 15 @ 12:30 pm, Earle Hall classrooms)

**Must register [here](#) by 5 pm the Monday prior to the workshop. Registration is limited to 40 seats.**

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**Answering the Big Questions with PreHealth**, covering the following topics:

- How do I find the right medical school for me? (Sep 12 @ 3:30 pm, Earle Hall classrooms)
- How do I write my personal statement? (Sep 26 @ 3:30 pm, Earle Hall classrooms)
- How do I know if I am a good fit for medical school? (Oct 10 @ 3:30 pm, Earle Hall classrooms)



- How do I prepare for the MCAT? (Oct 24 @ 3:30 pm, Earle Hall classrooms)
- How do I know I'm ready to apply to medical school? (Nov 7 @ 3:30 pm, Earle Hall classrooms)
- What did I miss? (question & answer opportunity) (Nov 28 @ 3:30 pm, Earle Hall classrooms)

**Must register [here](#) by 5 pm the Monday prior to the workshop. Registration is limited to 40 seats.**

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## **MCAT & PRE-MED RESOURCES**

### **AAMC Webinars: Other Resources:**

- [How to Create a Study Plan for the MCAT Exam](#)
  - [Khan Academy](#) video tutorials and review questions
  - [Plan to Make the Most of Your Summer--Now](#)
  - [Paying for Medical School](#)
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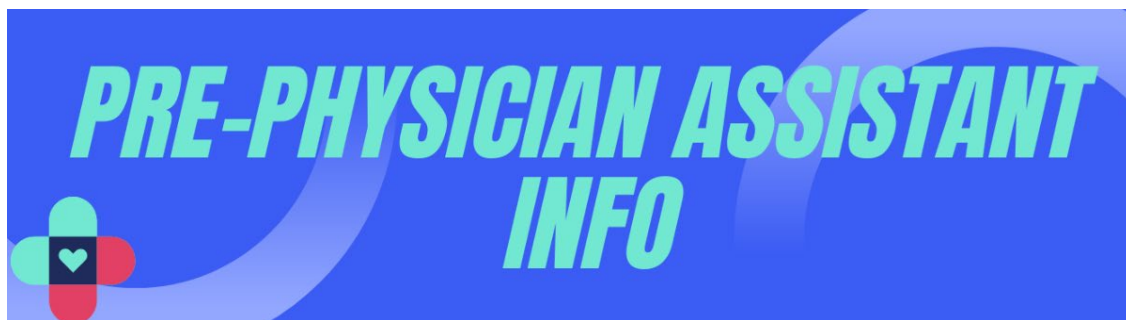


## **PRE-DENTISTRY INFO**

**Resources from the American Dental Education Association (ADEA)**



- [ADEA Enrichment Programs](#)
  - [Preparing for Dental School](#)
  - [The Admissions Process](#)
  - [Dental Admissions Test \(DAT\)](#)
  - [Virtual Interviews Do's & Don'ts](#)
  - [Shadowing](#)
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**Resources from the American Academy of Physician Associates (AAPA)  
and PA Education Association (PAEA)**

- [What is a PA?](#)
- [How to Become a PA](#)
- [Applying to a PA Program](#)
- [Information for Pre-PA Students](#)
- [What is CASPA?](#)

**Other Resources**

- Baylor PreHealth Particulars Podcast - [Pre-PA Episode](#)
  - [Pre-PA Info \(Workshops, Student Organizations, etc\)](#)
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# GAP YEAR, SHADOWING, & VOLUNTEERING



**C W J C**  
CHRISTIAN WOMEN'S JOB CORPS | McLENNAN COUNTY  
*Nurturing Women, Transforming Lives*

## VOLUNTEERS NEEDED

TEACHERS  
TUTORS  
CLASSROOM AIDES  
CREATIVE PROBLEM SOLVERS  
MENTORS (ENCOURAGERS/FRIENDS)  
EXAM PROCTORS  
SPANISH SPEAKERS



APPLY ONLINE: [CWJWACO.ORG](http://CWJWACO.ORG)  
TRAINING PROVIDED

Ascension Providence

# Volunteers Needed!

## Serving those in need with love and compassion

Support our healthcare providers, patients, and community by becoming a Providence Volunteer.



**Scan this code  
to apply!**



Ascension Providence  
6901 Medical Pkwy  
Waco, TX



### We need volunteers for:

- Reception: Welcome & Wayfinding
- Golf Cart Drivers
- Administrative Tasks
- Healthcare Provider Appreciation
- Patient Welcome & Support
- Veteran Recognition
- Special Projects

For more information: Erica Ballard, RN, Director of Volunteer & Guest Services  
Erica.Ballard@Ascension.org (254)-751-4104

**Volunteer & shadow at Baylor Scott & White  
Waco! Click here to learn more. For  
shadowing opportunities, please call 254-202-  
6200 or email  
HBMCStudents@BSWHealth.org**

[SHADOW with Texas AHEC East/Waco Family Medicine. Click here for more info!](#)

[SHADOW at Ascension Providence! Click here to access the application](#)

[VOLUNTEER at Ascension Providence. Applications now open, click here!](#)



What's Happening:  
Pre-Health Office

## UPCOMING EVENTS

### Ask PreHealth:

Virtual one-on-one advising sessions. Mondays & Thursdays @ 1-3 pm

Zoom Meeting ID: 831 8097 6015 Passcode: Prehealth

Starts  
Aug 28th

# Ask Prehealth

Every Monday & Thursday

1-3 p.m.  
on zoom

Zoom meeting ID:  
831 8097 6015

Passcode:  
Prehealth

Come with questions for a 1 on 1 meeting with pre-health advisors, no appointment necessary!

**PreHealth Scholarships:**

Various scholarships available [here](#).

**PreHealth Particulars Podcast:**

A Baylor pre-health podcast...pre-health advising on the go! Check out the Pre-Health Office's website [here](#) to listen on a wide variety of topics. Also available on Apple Podcasts. Stay tuned for more episodes!

**Bear Tracks:**



A new mentoring program aiming to connect on campus Baylor students with shadowing opportunities in the Waco area. Click [here](#) for eligibility criteria.

### **Baylor Bridges:**

An organization within the pre-health student programs aiming to create a network for Baylor alumni to interact with current pre-health students. Click [here](#) for more info.

### **Committee Letter Process & Workshops**

Eligible students are highly encouraged to begin this process during ***the fall semester of the year prior*** to applying to professional schools. Click [here](#) to learn more!

- **General Info Session: Sep 12, 13, & 14 @ 4 pm**
  - Zoom Meeting ID 681 609 2559 (Passcode 366832)
- **MCAT/DAT Strategy Session: Oct 18 & 19 @ 4 pm**
  - Zoom Meeting ID 681 609 2559 (Passcode 366832)
- **Personal Statement Session: Nov 8 & 9 @ 4 pm**
  - Zoom Meeting ID 681 609 2559 (Passcode 366832)
- **Interview Session: Dec 5 & 6 @ 4 pm**
  - Zoom Meeting ID 681 609 2559 (Passcode 366832)
- **Medical/Dental School Application Session: May 1 & 2, 2024 @ 4 pm**
  - Zoom Meeting ID 681 609 2559 (Passcode 366832)

### **Pre-Health Studies Office**

Click [here](#) to get stay connected and up to date on news, research opportunities, events, and more!

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# Have an Idea?

Are you or someone you know doing interesting research? Internship? Service? We want to know! [Send us an email](#) to see if it can be featured in the newsletter!



## UNIVERSITY SCHOLARS Weekly Newsletter



Interested in all-things University Scholars related? Click [here](#) to subscribe to the newsletter!

### Other Resources

[Honors Program](#)

[PreHealth Office & Student Organizations](#)

[Baylor Counseling Center & Pastoral Care](#)

[Tutoring & Academic Coaching](#)

[The Store \(free food pantry\)](#)

[Baylor Writing Center](#)

[Thesis Abstracts](#)

[Office of Engaged Learning](#)

[Texas Medical & Dental Schools Application Services \(TMDASAS\)](#)

[Association of American Medical Colleges \(AAMC\)](#)

[AAMC 2021 Official Guide Medical School Admissions: How to Prepare for and Apply to](#)



Medical School



Baylor University

HONORS COLLEGE  
Honors Program

Connect with us!

