MANDATORY FRESHMEN MEETING

TUESDAY, SEPTEMBER 19
5:30-7:30 PM
DRAPER 152

Mandatory for all honors program pre-health freshmen. You will not be able to register for spring classes if you do not attend.

For extenuating circumstances that prevent your attendance, please email Coco_DiMauro@baylor.edu to receive an alternate assignment.

If you are a Pre-Health student AND in the Honors Program, the meeting is mandatory.
If you are a Pre-Health student and are NOT in the Honors Program, you are welcome to attend but not required.

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**Success tip:**

The [Tutoring Center](#) is available to ALL students, regardless of your grade in the class (meaning, if you have a "B," you are still welcome to use tutoring!)

Sign up for tutoring **now** if there is a subject you already know you struggle with. Slots fill up fast!

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**Research & Internships**

**Oak Ridge Institute for Science and Education (ORISE):** Various paid internship and fellowship opportunities at U.S. Department of Defense Research facilities across the nation. Application requirements and deadlines vary.

**Other Biomedical Research Internships:** A catalog of biomedical research internships offered nationwide for high school, undergraduate, post-baccalaureate, graduate, and first-year medical students. (Please note, this link is password protected to maintain confidentiality).

**PreHealth Research Programs:** A variety of internships and research opportunities found on the PreHealth Office's website.
The 2023-2024 Hillis Scholars Program application is open, and there are 3 upcoming interest meetings! Hillis Scholars is a scholarship program for premedical students that provides opportunities such as research internships, healthcare experience, faculty mentors, select speaker events, and a 1-on-1 physician mentor throughout your time at Baylor. Applications are open to sophomores and juniors, and the deadline is September 29th at 11:59 PM. Here is the link to apply: https://baylor.qualtrics.com. Attend one of the upcoming interest meetings listed in the flyer below to hear more about the program and how to be a competitive applicant this cycle!
William & Argye Hillis Scholars in Biomedical Sciences

About Us
In rememberance of Dr. Hillis' legacy of medical research and mentorship of Baylor undergraduates, the Hillis Scholars Program provides exceptional mentorship, scholarship, and resources from distinguished Baylor faculty, physicians, and researchers to a selected group of pre-medical students.

Benefits
- Opportunities for biomedical research internships
- Connections to clinical exposure and shadowing
- Specialized advising and mentorship relationships with local physicians and faculty
- Exclusive prestigious speaker events, physician panels, and ceremonies
- Weekly family dinners with Baylor faculty and an inspiring community of peers

Fall 2023 Interest Meetings
- Monday, August 28th 7-8 pm
- Thursday, August 31st 6-7 pm
- Wednesday, September 6th 6-7 pm
Where? Earle Hall Classroom

APPLICATION DUE 9/29 @ 11:59 PM

Who can apply?
- Current Sophomores/juniors
- by class year (not hours)
- Designated Pre-Medical track & plan to attend medical school in the future

More Information:
Visit the Hillis Scholars page on the Baylor Prehealth Website
Email hillis.scholarsbu@gmail.com or sparkey.matthews@baylor.edu

***DID YOU KNOW?***
It's important to log not only your hours, but also what you have learned from your experiences when shadowing, volunteering, working, etc. Click [HERE](#) for a handy activity log template. Remember to save a back up copy online too!

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**SAVE THE DATE!**

**Straw to Bread lectures & interest meetings with Dr. Lisa Baker**

Since 2001, [Straw to Bread](#) has worked a Luo community in rural western Kenya to improve upon health, education, food security, clean air and water, and economic empowerment. The organization's missions is to share friendship and resources with Kenyan partners living on the Nyakach Plateau to help them achieve their vision of health and sustainability.

Come hear more about the work being done and how you can get involved!

- September 21 @ 4:00 pm - Lecture in the HRC (location TBD)
- September 21 @ 5:30 pm - Kenya interest meeting (location TBD)
- September 26 @ 4:00 pm (or after) - Kenya interest meeting (BSB; room # TBD)

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**PreHealth Office Workshops**

**Picnic with PreHealth** covering various topics, including:
• Explanation of the planner (Sep. 20 @ 12:30 pm, Earle Hall classrooms)
• Planning and registering for classes (Oct. 18 @ 12:30 pm, Earle Hall classrooms)
• How to fit in extracurriculars (Nov 15 @ 12:30 pm, Earle Hall classrooms)

Must register here by 5 pm the Monday prior to the workshop. Registration is limited to 40 seats.

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Answering the Big Questions with PreHealth, covering the following topics:

• How do I find the right medical school for me? (Sep 12 @ 3:30 pm, Earle Hall classrooms)
• How do I write my personal statement? (Sep 26 @ 3:30 pm, Earle Hall classrooms)
• How do I know if I am a good fit for medical school? (Oct 10 @ 3:30 pm, Earle Hall classrooms)
• How do I prepare for the MCAT? (Oct 24 @ 3:30 pm, Earle Hall classrooms)
• How do I know I'm ready to apply to medical school? (Nov 7 @ 3:30 pm, Earle Hall classrooms)
• What did I miss? (question & answer opportunity) (Nov 28 @ 3:30 pm, Earle Hall classrooms)

Must register here by 5 pm the Monday prior to the workshop. Registration is limited to 40 seats.

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MCAT & PRE-MED RESOURCES

AAMC Webinars: Other Resources:
• How to Create a Study Plan for the MCAT Exam
• Khan Academy video tutorials and review questions
• Plan to Make the Most of Your Summer--Now
• Paying for Medical School

Resources from the American Dental Education Association (ADEA)

• ADEA Enrichment Programs
• Preparing for Dental School
• The Admissions Process
• Dental Admissions Test (DAT)
• Virtual Interviews Do's & Don'ts
• Shadowing

Resources from the American Academy of Physician Associates (AAPA) and PA Education Association (PAEA)

• What is a PA?
• How to Become a PA
• Applying to a PA Program
• Information for Pre-PA Students
• What is CASPA?

**Other Resources**

• Baylor PreHealth Particulars Podcast - [Pre-PA Episode](#)
• [Pre-PA Info (Workshops, Student Organizations, etc)](#)

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**GAP YEAR, SHADOWING, & VOLUNTEERING**
VOLUNTEERS NEEDED

TEACHERS
TUTORS
CLASSROOM AIDES
CREATIVE PROBLEM SOLVERS
MENTORS (ENCOURAGERS/FRIENDS)
EXAM PROCTORS
SPANISH SPEAKERS

APPLY ONLINE: CWJCWACO.ORG
TRAINING PROVIDED
Volunteers Needed!

Serving those in need with love and compassion

Support our healthcare providers, patients, and community by becoming a Providence Volunteer.

We need volunteers for:
- Reception: Welcome & Wayfinding
- Golf Cart Drivers
- Administrative Tasks
- Healthcare Provider Appreciation
- Patient Welcome & Support
- Veteran Recognition
- Special Projects

Scan this code to apply!

Ascension Providence
6901 Medical Pkwy
Waco, TX

For more information: Erica Ballard, RN, Director of Volunteer & Guest Services
Erica.Ballard@Ascension.org (254)-751-4104

Volunteer & shadow at Baylor Scott & White Waco! Click here to learn more. For shadowing opportunities, please call 254-202-6200 or email HBMCStudents@BSWHealth.org
SHADOW with Texas AHEC East/Waco Family Medicine. Click here for more info!

SHADOW at Ascension Providence! Click here to access the application

VOLUNTEER at Ascension Providence. Applications now open, click here!

What's Happening: Pre-Health Office

UPCOMING EVENTS

Ask PreHealth:

Virtual one-on-one advising sessions. Mondays & Thursdays @ 1-3 pm
Zoom Meeting ID: 831 8097 6015 Passcode: Prehealth
PreHealth Scholarships:
Various scholarships available [here](#).

**PreHealth Particulars Podcast:**
A Baylor pre-health podcast...pre-health advising on the go! Check out the Pre-Health Office’s website [here](#) to listen on a wide variety of topics. Also available on Apple Podcasts. Stay tuned for more episodes!

**Bear Tracks:**
A new mentoring program aiming to connect on campus Baylor students with shadowing opportunities in the Waco area. Click here for eligibility criteria.

Baylor Bridges:
An organization within the pre-health student programs aiming to create a network for Baylor alumni to interact with current pre-health students. Click here for more info.

Committee Letter Process & Workshops
Eligible students are highly encouraged to begin this process during the fall semester of the year prior to applying to professional schools. Click here to learn more!

- **General Info Session: Sep 12, 13, & 14 @ 4 pm**
  - Zoom Meeting ID 681 609 2559 (Passcode 366832)

- **MCAT/DAT Strategy Session: Oct 18 & 19 @ 4 pm**
  - Zoom Meeting ID 681 609 2559 (Passcode 366832)

- **Personal Statement Session: Nov 8 & 9 @ 4 pm**
  - Zoom Meeting ID 681 609 2559 (Passcode 366832)

- **Interview Session: Dec 5 & 6 @ 4 pm**
  - Zoom Meeting ID 681 609 2559 (Passcode 366832)

- **Medical/Dental School Application Session: May 1 & 2, 2024 @ 4 pm**
  - Zoom Meeting ID 681 609 2559 (Passcode 366832)

Pre-Health Studies Office
Click here to get stay connected and up to date on news, research opportunities, events, and more!
Are you or someone you know doing interesting research? Internship? Service? We want to know! Send us an email to see if it can be featured in the newsletter!

Interested in all-things University Scholars related? Click here to subscribe to the newsletter!

Other Resources

Honors Program
PreHealth Office & Student Organizations
Baylor Counseling Center & Pastoral Care
Tutoring & Academic Coaching
The Store (free food pantry)
Baylor Writing Center
Thesis Abstracts
Office of Engaged Learning
Texas Medical & Dental Schools Application Services (TMDSAS)
Association of American Medical Colleges (AAMC)
AAMC 2021 Official Guide Medical School Admissions: How to Prepare for and Apply to Medical School
Connect with us!