

# HONORS PRE-HEALTH NEWSLETTER



## Research & Internships

**Oak Ridge Institute for Science and Education (ORISE):** Various paid internship and fellowship opportunities at U.S. Department of Defense Research facilities across the nation. Application requirements and deadlines vary.

**Other Biomedical Research Internships:** A catalog of biomedical research internships offered nationwide for high school, undergraduate, post-baccalaureate, graduate, and first-year medical students. (Please note, this link is password protected to maintain confidentiality). **\*\*Link recently updated;  
click on "this spreadsheet" under "Summer 2023 Internships"\*\***

**PreHealth Research Programs:** A variety of internships and research opportunities found on the PreHealth Office's website.

# Article of the Week



Raging Wildfires Are Exposing More People to Smoky Air--Here's What That Means for Health

(from The Journal of the American Medical Association (JAMA))

## ATTENTION **SOPHOMORES & JUNIORS**

The **2023-2024 Hillis Scholars Program application is open**, and there are 3 upcoming interest meetings! Hillis Scholars is a scholarship program for premedical students that provides opportunities such as research internships, healthcare experience, faculty mentors, select speaker events, and a 1-on-1 physician mentor throughout your time at Baylor. **Applications are open to sophomores and juniors, and the deadline is September 29<sup>th</sup> at 11:59 PM.** Here is the link to apply: <https://baylor.qualtrics.com>. Attend one of the upcoming interest meetings listed in the flyer below to hear more about the program and how to be a competitive applicant this cycle!

# William & Argye Hillis Scholars in Biomedical Sciences

## About Us

In remembrance of Dr. Hillis' legacy of medical research and mentorship of Baylor undergraduates, the Hillis Scholars Program provides exceptional mentorship, scholarship, and resources from distinguished Baylor faculty, physicians, and researchers to a selected group of pre-medical students.

## Benefits

- Opportunities for biomedical **research** internships
- Connections to **clinical** exposure and **shadowing**
- Specialized advising and **mentorship** relationships with local physicians and faculty
- Exclusive prestigious **speaker events**, **physician panels**, and ceremonies
- Weekly **family dinners** with Baylor faculty and an inspiring community of peers

### More Information:

Visit the Hillis Scholars page on the Baylor Prehealth Website  
Email [hillischolarsbu@gmail.com](mailto:hillischolarsbu@gmail.com) or [sparky\\_matthews1@baylor.edu](mailto:sparky_matthews1@baylor.edu)

## Fall 2023 Interest Meetings

Monday, August 28th 7-8 pm  
Thursday, August 31st 6-7 pm  
Wednesday, September 6th 6-7 pm

Where? Earle Hall Classroom

**APPLICATION DUE  
9/29 @ 11:59 PM**



## Who can apply?

- Current Sophomores/Juniors
  - by class year (not hours)
- Designated Pre-Medical track & plan to attend medical school in the future

**\*\*\*DID YOU KNOW?\*\*\***

It's important to log not only your hours, but also what you have learned from your experiences when shadowing, volunteering, working, etc. Click [HERE](#) for a handy activity log template. Remember to save a back up copy online too!

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# Ethics Society

+Bioethics Bowl Information

Scan the QR code to join the Group Me!

For any questions, please email:  
**[hannah\\_yi1@baylor.edu](mailto:hannah_yi1@baylor.edu)**

- Is it ethical for medical researchers to experiment on chimpanzees?
- Is it permissible for physicians to assist suicide?
- Should we have universal healthcare in the US?
- Which genetic enhancements are morally acceptable?

**What:** Discussions about ethical topics + preparation for the National Bioethics Bowl!

**When:** Interest meeting NEXT Wednesday (9/20) from 7-8pm!

**Where:** Morrison Hall 105

**Who:** ALL majors are welcome (we want it to be very interdisciplinary!)



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# SAVE THE DATE!



## MCAT PREP INFO SESSION



TUESDAY, OCTOBER 10

5:30-6:30 PM  
MORRISON 104

Come hear from Senior Honors Pre-Med students who have already taken the MCAT! Learn tips, tricks, and study strategies to help you be successful!



## **Straw to Bread lectures & interest meetings with Dr. Lisa Baker**

Since 2001, [Straw to Bread](#) has worked a Luo community in rural western Kenya to improve upon health, education, food security, clean air and water, and economic empowerment. The organization's missions is to share friendship and resources with Kenyan partners living on the Nyakach Plateau to help them achieve their vision of health and sustainability.

Come hear more about the work being done and how you can get involved!

- September 26 @ 4:00 pm (or after) - Kenya interest meeting (BSB; room # TBD)
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# WONDER WHAT MED SCHOOLS WANT IN AN APPLICANT??

MED SCHOOLS USE THESE  
AAMC CORE COMPETENCIES TO  
EVALUATE CANDIDATES →



**COME DIALOGUE WITH LOCAL PHYSICIANS  
ABOUT THESE IMPORTANT  
CHARACTERISTICS! GREAT OPPORTUNITY  
TO NETWORK!**

**PRE-PROFESSIONAL  
COMPETENCIES (PART 1)**

**OCTOBER 16**

**5:30 - 6:30 PM**

**LOCATION: TBD**

**PRE-PROFESSIONAL  
COMPETENCIES (PART 2)**

**OCTOBER 30**

**5:30 - 6:30 PM**

**LOCATION: TBD**

**REGISTRATION REQUIRED.**

**EMAIL COCO\_DIMAURO@BAYLOR.EDU TO RSVP**

## PreHealth Office Workshops

Picnic with PreHealth covering various topics, including:

- Planning and registering for classes (Oct. 18 @ 12:30 pm, Earle Hall classrooms)
- How to fit in extracurriculars (Nov 15 @ 12:30 pm, Earle Hall classrooms)

Must register [here](#) by 5 pm the Monday prior to the workshop. Registration is limited to 40 seats.

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**Answering the Big Questions with PreHealth**, covering the following topics:

- How do I write my personal statement? (Sep 26 @ 3:30 pm, Earle Hall classrooms)
- How do I know if I am a good fit for medical school? (Oct 10 @ 3:30 pm, Earle Hall classrooms)
- How do I prepare for the MCAT? (Oct 24 @ 3:30 pm, Earle Hall classrooms)
- How do I know I'm ready to apply to medical school? (Nov 7 @ 3:30 pm, Earle Hall classrooms)
- What did I miss? (question & answer opportunity) (Nov 28 @ 3:30 pm, Earle Hall classrooms)

**Must register [here](#) by 5 pm the Monday prior to the workshop. Registration is limited to 40 seats.**

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# CURE BU: PHILIPPINES

## Medical-Ministry Mission

### HEALING THE SICK PROCLAIMING THE KINGDOM OF GOD



#### What? Where?

We will spend two weeks during the May Minimester 2024 in Batac, Philippines. We will visit a multispecialty teaching hospital and shadow physicians, surgeons, and nurses. We will also visit a local orphanage and have the opportunity to work with and minister to children, acting as the hands and feet of Christ.



#### Why?

Our goal is to provide students pursuing careers in healthcare with the opportunity to experience the intersections between medicine and Christian ministry, grow in their faith and calling, and appreciate the practice of medicine in a different culture.



#### Who?

Due to the heavy medical nature of this visit, students in pre-health and allied health (pre-med, pre-PA, pre-PT, pre-dent, pre-nursing, public health, health sciences, dietician, etc) will be prioritized.

Further priority is given to active CURE BU members, but everyone is able to apply.

**Deadline: November 8th**

#### CONTACT



[maria\\_de\\_mesa@baylor.edu](mailto:maria_de_mesa@baylor.edu)



[leilani\\_mercado@baylor.edu](mailto:leilani_mercado@baylor.edu)



[elizabeth\\_john1@baylor.edu](mailto:elizabeth_john1@baylor.edu)



#### CURE BU Medical-Ministry Mission to the Philippines

CURE BU is a Christian organization at Baylor that explores the intersections of health, service, faith, and Christianity in a small, close-knit club. This mission trip will take place at a multispecialty teaching hospital and a local orphanage in Batac, Philippines, from May 16-30<sup>th</sup>, 2024. Students will have the unique opportunity to shadow doctors, surgeons, and nurses in different fields of medicine, as well as serve and minister to children in a local orphanage. We hope that students will gain a holistic cultural experience that combines medicine, mission, and faith. The application deadline is November 8th. Please contact Elizabeth John ([elizabeth\\_john1@baylor.edu](mailto:elizabeth_john1@baylor.edu)) for more details. [BUMissions Application Link](#)



# MCAT & PRE-MED RESOURCES

## AAMC Webinars: Other Resources:

- [How to Create a Study Plan for the MCAT Exam](#)
- [Khan Academy](#) video tutorials and review questions
- [Plan to Make the Most of Your Summer--Now](#)
- [Paying for Medical School](#)



# PRE-DENTISTRY INFO

## Resources from the American Dental Education Association (ADEA)

- [ADEA Enrichment Programs](#)
- [Preparing for Dental School](#)
- [The Admissions Process](#)
- [Dental Admissions Test \(DAT\)](#)
- [Virtual Interviews Do's & Don'ts](#)
- [Shadowing](#)

# **PRE-PHYSICIAN ASSISTANT INFO**



**Resources from the American Academy of Physician Associates (AAPA)  
and PA Education Association (PAEA)**

- [What is a PA?](#)
- [How to Become a PA](#)
- [Applying to a PA Program](#)
- [Information for Pre-PA Students](#)
- [What is CASPA?](#)

## **Other Resources**

- Baylor PreHealth Particulars Podcast - [Pre-PA Episode](#)
- [Pre-PA Info \(Workshops, Student Organizations, etc\)](#)



## **GAP YEAR, SHADOWING, & VOLUNTEERING**





# VOLUNTEERS NEEDED

TEACHERS  
TUTORS  
CLASSROOM AIDES  
CREATIVE PROBLEM SOLVERS  
MENTORS (ENCOURAGERS/FRIENDS)  
EXAM PROCTORS  
SPANISH SPEAKERS



APPLY ONLINE: [CWJCWACO.ORG](http://CWJCWACO.ORG)  
TRAINING PROVIDED

Ascension Providence

# Volunteers Needed!

**Serving those  
in need with  
love and  
compassion**

Support our healthcare providers, patients, and community by becoming a Providence Volunteer.



**Scan this code  
to apply!**



Ascension Providence  
6901 Medical Pkwy  
Waco, TX



## We need volunteers for:

- Reception: Welcome & Wayfinding
- Golf Cart Drivers
- Administrative Tasks
- Healthcare Provider Appreciation
- Patient Welcome & Support
- Veteran Recognition
- Special Projects

For more information: Erica Ballard, RN, Director of Volunteer & Guest Services  
[Erica.Ballard@Ascension.org](mailto:Erica.Ballard@Ascension.org) (254)-751-4104

**Volunteer & shadow at Baylor Scott & White**  
**Waco! Click here to learn more. For**  
**shadowing opportunities, please call 254-202-**  
**6200 or email**  
**HBMCStudents@BSWHealth.org**

**SHADOW with Texas AHEC East/Waco Family Medicine.** Click here for more info!

**SHADOW at Ascension Providence! Click here to access the application**

**VOLUNTEER at Ascension Providence.**  
**Applications now open, click here!**



## What's Happening: Pre-Health Office

### UPCOMING EVENTS

#### Ask PreHealth:

Virtual one-on-one advising sessions. Mondays & Thursdays @ 1-3 pm

Zoom Meeting ID: 831 8097 6015 Passcode: Prehealth

Starts

Aug  
28th

# Ask Prehealth

Every  
Monday &  
Thursday

1-3 p.m.  
on zoom

Zoom  
meeting ID:  
831 8097 6015

Passcode:  
Prehealth



Come with questions for a 1 on 1  
meeting with pre-health advisors, no  
appointment necessary!

## PreHealth Scholarships:

Various scholarships available [here](#).

## PreHealth Particulars Podcast:

A Baylor pre-health podcast...pre-health advising on the go! Check out the Pre-Health Office's website [here](#) to listen on a wide variety of topics. Also available on Apple Podcasts. Stay tuned for more episodes!

## Bear Tracks:

A new mentoring program aiming to connect on campus Baylor students with shadowing opportunities in the Waco area. Click [here](#) for eligibility criteria.

### **Baylor Bridges:**

An organization within the pre-health student programs aiming to create a network for Baylor alumni to interact with current pre-health students. Click [here](#) for more info.

### **Committee Letter Process & Workshops**

Eligible students are highly encouraged to begin this process during ***the fall semester of the year prior*** to applying to professional schools. Click [here](#) to learn more!

- **MCAT/DAT Strategy Session: Oct 18 & 19 @ 4 pm**
  - Zoom Meeting ID 681 609 2559 (Passcode 366832)
- **Personal Statement Session: Nov 8 & 9 @ 4 pm**
  - Zoom Meeting ID 681 609 2559 (Passcode 366832)
- **Interview Session: Dec 5 & 6 @ 4 pm**
  - Zoom Meeting ID 681 609 2559 (Passcode 366832)
- **Medical/Dental School Application Session: May 1 & 2, 2024 @ 4 pm**
  - Zoom Meeting ID 681 609 2559 (Passcode 366832)

### **Pre-Health Studies Office**

Click [here](#) to get stay connected and up to date on news, research opportunities, events, and more!

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FALL INTO GOOD THESIS WRITING HABITS

## **THESIS WRITING RETREAT**

\*Breakfast and Lunch included

**Friday, October 13**

*(First day of Fall Break)*

**8:30 am - 3:15 pm**

**Student Union Building**

Make plans to join us for Fall Break

Please RSVP by **October 9**



# **Have an Idea?**

Are you or someone you know doing interesting research? Internship? Service? We want to know! [Send us an email](#) to see if it can be featured in the newsletter!



# UNIVERSITY SCHOLARS

## Weekly Newsletter



Interested in all-things University Scholars related? Click [here](#) to subscribe to the newsletter!

### Other Resources

[Honors Program](#)

[PreHealth Office & Student Organizations](#)

[Baylor Counseling Center & Pastoral Care](#)

[Tutoring & Academic Coaching](#)

[The Store \(free food pantry\)](#)

[Baylor Writing Center](#)

[Thesis Abstracts](#)

[Office of Engaged Learning](#)

[Texas Medical & Dental Schools Application Services \(TMDSAS\)](#)

[Association of American Medical Colleges \(AAMC\)](#)

[AAMC 2021 Official Guide Medical School Admissions: How to Prepare for and Apply to Medical School](#)



Baylor University

HONORS COLLEGE  
Honors Program

Connect with us!

