



# HONORS PRE-HEALTH NEWSLETTER



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**SAVE THE DATE!**

# THE BODY OF CHRIST: THE PHYSIOLOGY OF THE PASSION AND CRUCIFIXION

This presentation will provide a deep dive into the physiology of hematohidrosis (sweating blood), as well as an examination of scourging and crucifixion as performed by the Roman Empire. Included will be a detailed examination of the physiology of Christ's suffering and death during His crucifixion.



Presented by  
Sparky Matthews, MD

**MONDAY,  
MARCH 25  
5:30 - 7:00 PM  
FUDGE FAMILY  
AUDITORIUM  
LOCATED IN THE  
HURD CENTER**



## Research & Internships



# HEAL THE CITY SUMMER INTERNSHIP & GAP YEAR INTERNSHIP

Baylor Honors College students interested in summer internships or a year-long gap year opportunity are invited to apply for positions with Heal the City, Amarillo. These are ideal positions for students interested in healthcare (pre-med, nursing, pre-PA, health administration, etc.), though students from other majors are welcome to apply (social work, religion, public policy, etc.).

Available positions:

[Case Management](#)—Summer intern

[Development](#)—Summer intern

[Education Coordinator, Pharmacy](#)—year-long intern

[Quality Improvement](#)—year-long intern

Job descriptions for each position can be found by clicking on each position title, above.

All positions include a stipend and housing (including water and electricity). Interns will only be responsible for personal expenses and internet.

Heal the City was founded by Dr. Alan Keister, a Baylor graduate and an Amarillo physician who identified a desperate need for healthcare throughout certain neighborhoods within Amarillo. Its mission is to provide free quality medical care and referral services with dignity and compassion to the uninsured of Amarillo. To learn

more about Heal the City, visit their website at

[www.healthcityamarillo.com](http://www.healthcityamarillo.com).

To apply online, click [here](#). Applicants will need to complete the online application and email resumes to Liz R. Alaniz, Executive

Director, at

[Liz.Alaniz@healthcityamarillo.com](mailto:Liz.Alaniz@healthcityamarillo.com) or [Liz.Alaniz@htcama.com](mailto:Liz.Alaniz@htcama.com)

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## INTERESTED IN A FUTURE IN CARDIOVASCULAR RESEARCH?



Funded by the American Heart Association (AHA), the **University of Houston's – Houston Experience Advancing Research and Training (UH-HEART)** program provides transdisciplinary summer research experiences and translatable skills that prepare participants for future careers in cardiovascular-related research.

AHA research fellowships will be awarded to rising juniors, seniors, and recent graduates for a **10-week full-time research experience**.

### STUDENT STIPEND

**\$6,000 stipend** for the ten-week program

### BCVS CONFERENCE IN CHICAGO

Group trip to the **AHA Basic Cardiovascular Sciences Sessions in Chicago**, Illinois from July 22-July 25<sup>th</sup>. **Travel and lodging costs covered.**



Scan the QR code or keyword search "UH HEART" for more information!

### ELIGIBILITY

- 3.0 GPA or higher. Extenuating circumstances will be considered
- Rising junior or senior in college, or immediate college graduate
- Be available for full-time participation in the 10-week program
- At the time of application, student must be a United States citizen, or a foreign national holding a student, exchange, or permanent resident visa, including an F-1, H1, H1B, J1, PR, TC or TN visa

### APPLICATION PROCESS

- One-page Personal Statement
- Two Recommendation Letters
- Updated CV or Resume
- Official Transcript(s)
- Online Application Form

**PROGRAM RUNS FROM MAY 28 TO AUGUST 2; DEADLINE MARCH 24**

UNIVERSITY of  
**HOUSTON** | *Houston Experience for  
Advancing Research and Training*

[Oak Ridge Institute for Science and Education \(ORISE\)](#): Various paid internship and fellowship opportunities at U.S. Department of Defense Research facilities across the nation. Application requirements and deadlines vary.

[Other Biomedical Research Internships](#): A catalog of biomedical research internships offered nationwide for high school, undergraduate, post-baccalaureate, graduate, and first-year medical students. (Please note, this link is password protected to maintain confidentiality). **\*\*Link recently updated; click on "this spreadsheet" under "Summer 2023 Internships"\*\***

[PreHealth Research Programs](#): A variety of internships and research opportunities found on the PreHealth Office's website.

# Article of the Week



## \$1 Billion Donation Will Provide Free Tuition at a Bronx Medical School

(from The New York Times)



## MCAT & PRE-MED RESOURCES

### AAMC Webinars: Other Resources:

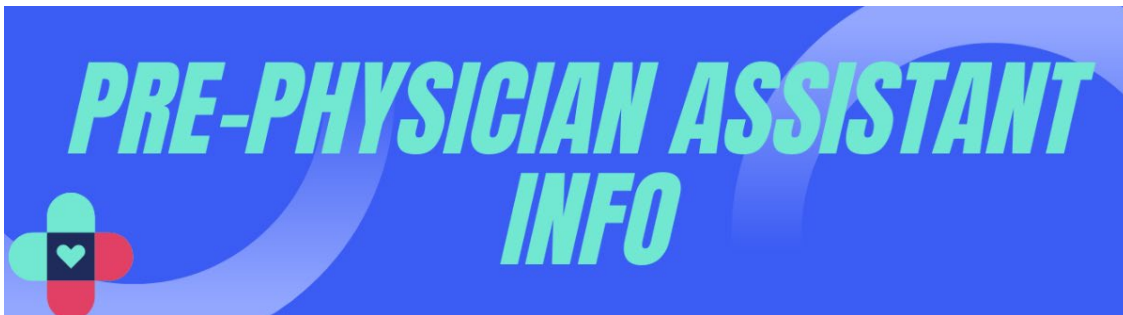
- [How to Create a Study Plan for the MCAT Exam](#)
- [Khan Academy](#) video tutorials and review questions
- [Plan to Make the Most of Your Summer--Now](#)
- [Paying for Medical School](#)



# PRE-DENTISTRY INFO

## Resources from the American Dental Education Association (ADEA)

- [ADEA Enrichment Programs](#)
- [Preparing for Dental School](#)
- [The Admissions Process](#)
- [Dental Admissions Test \(DAT\)](#)
- [Virtual Interviews Do's & Don'ts](#)
- [Shadowing](#)



## Resources from the American Academy of Physician Associates (AAPA) and PA Education Association (PAEA)

- [What is a PA?](#)
- [How to Become a PA](#)
- [Applying to a PA Program](#)
- [Information for Pre-PA Students](#)
- [What is CASPA?](#)

### Other Resources

- Baylor PreHealth Particulars Podcast - [Pre-PA Episode](#)

- [Pre-PA Info \(Workshops, Student Organizations, etc\)](#)



## GAP YEAR, SHADOWING, & VOLUNTEERING



**Robinson Volunteer  
Fire Department Click  
here to learn how you  
can get involved!**



Ascension Providence

# Volunteers Needed!

## Serving those in need with love and compassion

Support our healthcare providers, patients, and community by becoming a Providence Volunteer.



**Scan this code  
to apply!**



**Ascension Providence**  
6901 Medical Pkwy  
Waco, TX



### We need volunteers for:

- Reception: Welcome & Wayfinding
- Golf Cart Drivers
- Administrative Tasks
- Healthcare Provider Appreciation
- Patient Welcome & Support
- Veteran Recognition
- Special Projects

For more information: Erica Ballard, RN, Director of Volunteer & Guest Services  
Erica.Ballard@Ascension.org (254)-751-4104

**Volunteer & shadow at Baylor Scott & White  
Waco! Click here to learn more. For  
shadowing opportunities, please call 254-202-  
6200 or email  
HBMCStudents@BSWHealth.org**

**SHADOW with Texas AHEC East/Waco Family  
Medicine. [Click here for more info!](#)**

**SHADOW at Ascension Providence! [Click here  
to access the application](#)**

**VOLUNTEER at Ascension Providence.  
Applications now open, [click here!](#)**



**What's Happening:  
Pre-Health Office**

**UPCOMING EVENTS**



## Connect with Medical Schools at the Fair!

April 10-12, 2024

Wednesday, April 10 | **Live Information Sessions: 11 a.m. – 4 p.m. ET**

Thursday, April 11 | **Chat with Medical Schools: 11 a.m. – 7 p.m. ET**

Friday, April 12 | **Postbaccalaureate Program Fair: 11 a.m. – 5 p.m. ET**

[Register Now](#)



The Association of American Medical Colleges (AAMC) invites you to attend the [Virtual Medical School Fair, April 10-12](#).

Your FREE registration includes a **15% discount\*** on a 1-or 2-year subscription to the [Medical School Admissions Requirements™ \(MSAR®\)](#) website.

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### **ATTENTION PRE-VET STUDENTS:**

Join us for the following opportunities to ask questions about the application

process and meet with veterinary school admissions officers.

### **March 28 From 12-6pm ET - Virtual Admissions Fair**

Chat live with admissions officers, current students, and VMCAS representatives.

**Register:** <https://www.careereco.com/events/aavmc>

### **April 13 From 1-5pm ET - In-Person Pre-Veterinary Career Fair**

SAVE THE DATE! The AAVMC is excited to be bring back the in-person Pre-Veterinary Student Career Fair in Washington, DC [Grand Hyatt]!

**Registration information coming soon!**

**Enroll in the [VMCAS 2025 Hub](#) to access webinar recordings:**

- VMCAS 2025 Application Overview Webinar
- First Time Applicant Webinar
- Reapplicant Webinar
- The Road to Veterinary School

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### **Study abroad to Ecuador!**

This study abroad involves travel to Ecuador, where you will meet with locals to learn about traditional healthcare systems, as well as meet with managers and volunteers at wildlife sanctuaries. Research will be conducted on two of the islands while learning about conservation and health. Other activities include hiking and snorkeling, Spanish language lessons, city tours, visits to a chocolate farm and a traditional coffee and sugar cane plantation, and visits to multiple beaches and giant tortoise sanctuaries.

Have any questions? Email [michael\\_muehlenbein@baylor.edu](mailto:michael_muehlenbein@baylor.edu) or check out the Study Abroad page "Health Research in the Galapagos" at

<https://bearsabroad.baylor.edu/index.cfm?FuseAction=Programs.ViewProgramAngular&id=10732>

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Mayo Clinic Alix School of Medicine

# Med School 101 Series

Attend virtual event series in  
March, April, and May 2024

## PREPARE FOR YOUR FUTURE

Open to all students and recent graduates interested in applying to medical school. The Med School 101 series are sessions offering information on the medical school application process and the medical school experience.

### Med School 101 series sessions will include

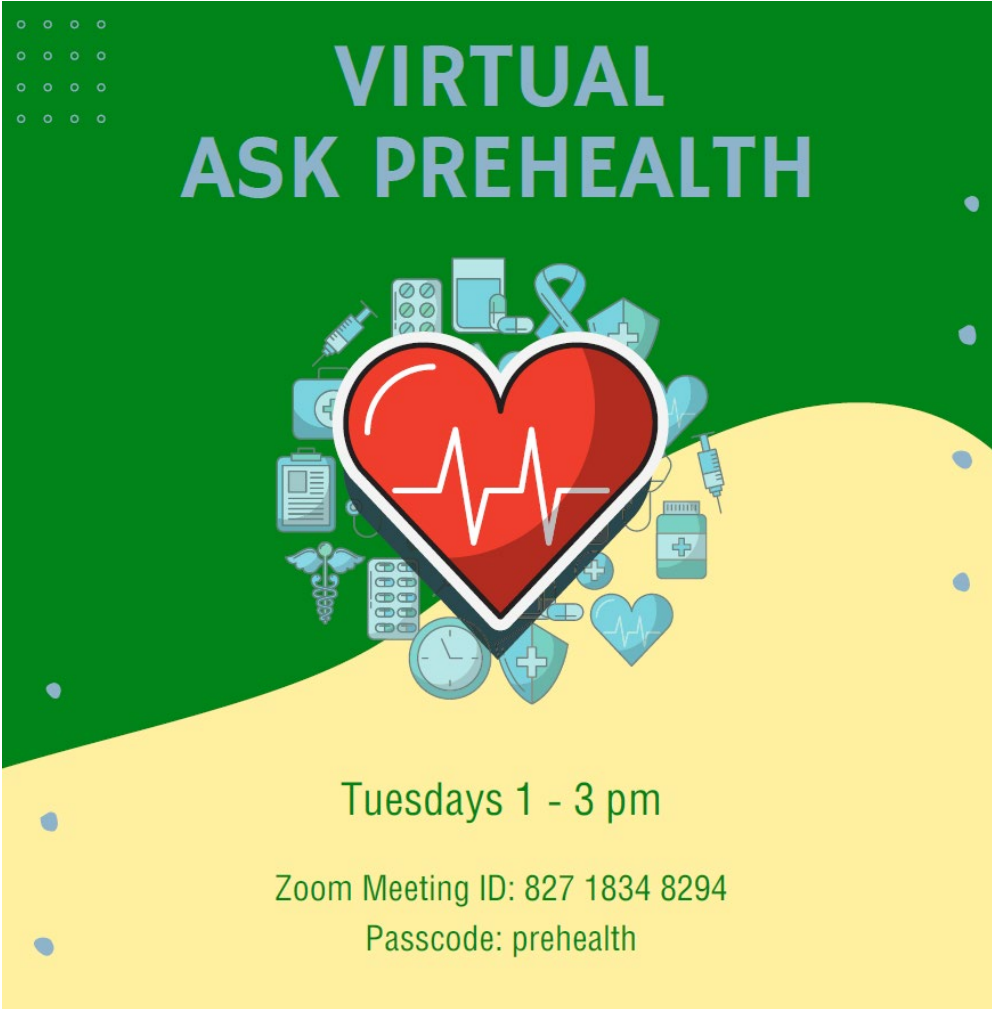
- Preparation for Medical School Admissions
- Medical student panel Q&A
- Career in medicine panel with Mayo Clinic physicians



Scan code or visit our [Med School 101](#) website for more information about dates and times, and to register!



## Ask PreHealth:

A graphic for 'Virtual Ask PreHealth'. The top half is green with the text 'VIRTUAL ASK PREHEALTH' in white. Below the text is a central illustration of a red heart with a white ECG line, surrounded by various medical icons like a syringe, pills, a stethoscope, and a clock. The bottom half is yellow with the text 'Tuesdays 1 - 3 pm', 'Zoom Meeting ID: 827 1834 8294', and 'Passcode: prehealth' in green.

**VIRTUAL  
ASK PREHEALTH**

Tuesdays 1 - 3 pm

Zoom Meeting ID: 827 1834 8294  
Passcode: prehealth

### **Pre-Health Workshops - Answering the Big Questions**

Workshops focused on common questions we get from students, this semester these workshops are for all pre-health students.

Registration required, click [here](#) to sign up

### **Picnic with PreHealth**

These workshops will cover topics for Freshman-Seniors this semester. Topics include shadowing, gap year job searching, and pre-health in Dublin.

Registration required, click [here](#) to sign up

### **PreHealth Scholarships:**

Various scholarships available [here](#).

### **PreHealth Particulars Podcast:**

A Baylor pre-health podcast...pre-health advising on the go! Check out the Pre-Health Office's website [here](#) to listen on a wide variety of topics. Also available on Apple Podcasts. Stay tuned for more episodes!

### **PreHealth Post Newsletter:**

Stay updated with tips and events from the PreHealth Office!

### **Bear Tracks:**

A new mentoring program aiming to connect on campus Baylor students with shadowing opportunities in the Waco area. Click [here](#) for eligibility criteria.

### **Baylor Bridges:**

An organization within the pre-health student programs aiming to create a network for Baylor alumni to interact with current pre-health students. Click [here](#) for more info.

### **Committee Letter Process & Workshops**

Eligible students are highly encouraged to begin this process during *the fall semester of the year prior* to applying to professional schools. Click [here](#) to learn more!

- **Medical/Dental School Application Session: May 1 & 2, 2024 @ 4 pm**
  - Zoom Meeting ID 681 609 2559 (Passcode 366832)

### **Pre-Health Studies Office**

Click [here](#) to get stay connected and up to date on news, research opportunities, events, and more!

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# PRE-NURSING

Thinking about switching majors to Pre-Nursing? Check out the Pre-Nursing Office's [website](#) for more info!



## *Have an Idea?*

Are you or someone you know doing interesting research? Internship? Service? We want to know! [Send us an email](#) to see if it can be featured in the newsletter!



## UNIVERSITY SCHOLARS

### Weekly Newsletter



Interested in all-things University Scholars related? Click [here](#) to subscribe to the newsletter!

[Other Resources](#)



[Honors Program](#)

[PreHealth Office & Student Organizations](#)

[Baylor Counseling Center & Pastoral Care](#)

[Tutoring & Academic Coaching](#)

[The Store \(free food pantry\)](#)

[Baylor Writing Center](#)

[Thesis Abstracts](#)

[Office of Engaged Learning](#)

[Texas Medical & Dental Schools Application Services \(TMDSAS\)](#)

[Association of American Medical Colleges \(AAMC\)](#)

[AAMC 2021 Official Guide Medical School Admissions: How to Prepare for and Apply to Medical School](#)



Baylor University

HONORS COLLEGE  
Honors Program

Connect with us!

